From 1:00 p.m. to 5:00 p.m how often are the digits of a digital clock in ascending order?

Example: At 1:25 the digits are in ascending order since 2 comes after 1 and 5 comes after 2 .

Note: 1:14 or $3: 38$ don't count as being in ascending order.

Answer: $\qquad$

